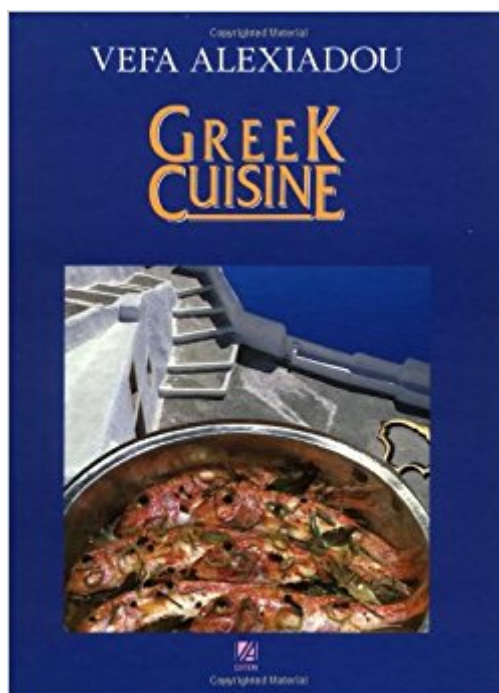


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# Greek Cuisine



## Synopsis

This collection of wonderful Greek specialities has served to revitalize the interest of a whole new generation of cooks in traditional Greek cuisine. Vefa Alexiadou invites readers and cooks to her table, which is laden with the tasty dishes of porridge, vegetables, fish, traditional cheeses, and olive oil, key ingredients in the nutritious diet of the Eastern Mediterranean. These 300 authentic "life-tested" recipes have been adjusted to modern tastes without sacrificing traditional textures and flavors.

## Book Information

Hardcover: 160 pages

Publisher: Vefa Alexiadou; Fourteenth edition (May 1, 2011)

Language: English

ISBN-10: 9608501865

ISBN-13: 978-9608501867

Product Dimensions: 11.2 x 8.3 x 0.6 inches

Shipping Weight: 1.8 pounds

Average Customer Review: 4.5 out of 5 stars 17 customer reviews

Best Sellers Rank: #539,626 in Books (See Top 100 in Books) #60 in [Books > Cookbooks, Food & Wine > Regional & International > European > Greek](#) #127714 in [Books > Textbooks](#)

## Customer Reviews

A star of Greek cuisine, Vefa Alexiadou is to Greece what Julia Child is to America. -- The Greek American  
Makes the time in the kitchen time well spent. -- Family Magazine

Text: English Original Language: Greek

good book, pictures help.shorter but more up to date than the classic "The Greek Cook Book" by Skoura.better spicing here!

After reading the comment above in a description of this cookbook, I took Vefa Alexiadou's name to my favorite local Greek restaurant and sent it into the kitchen asking if this would be a good cookbook to buy. The chef responded that she used a number of Alexiadou's cookbooks herself. And now we have just completed our second Greek dinner party and both were greeted with the types of smiles and comments that hosts love to see and hear from their guests. The author's

approach is direct; "no nonsense" is the phrase that comes to mind. In two pages she explains a number of Greek traditions and their links to Greek cuisine. The table of contents is logically divided into eight food groupings, and the book is well indexed. Each chapter begins with a narrative focused on that particular food grouping, and it leaves the reader feeling as if the author had just paid a visit and spent a few moments talking about her beloved country and its romance with food. The "general instructions" heading each chapter are like receiving loving instructions from one's Greek aunt or grandma and clearly point the reader in the direction of success. Wasting no words, Alexiadou leads the reader through each step of preparation, and the estimates of preparation time are accurate. Excellent alternate ingredients and preparation techniques are included to give the reader a choice of traditional or updated approaches. Finally, the beautiful illustrations make presentation a breeze. We are completely satisfied with this purchase.

i bought this as a gift for a family member who is quite fond of vefa alexiadou's cooking. some great recipes here that are definitely worth giving a try.

My wife loves it.

A classical book for anyone who wants to learn a lot of things regarding greek cuisine. Vefa is quite famous in Greece for her recipes.

NO PROBLEMS. SUPERIOR SERVICE.

I received this gift from my Husband's Aunt. They are both American Bred and Born. I am 100% Greek. I have always cooked Greek, but never had recipes, I cook by smell (wierd, I know). BUT this cook books is the BEST! I have heard of Vefa and saw her shows while in Greece. She is very informative in a simple sort of way. She does NOT keeping you guessing about what to do. She is precise and has extended my menu list greatly. Thank You Vefa for bringing my Yiayia into my kitchen as I do feel her presence even more with your help. You are just what I needed to start off my New year 2006. Chronnia Polla!!!

Vefa Alexiadou brings you authentic traditional recipes with the ability to use modern kitchen accessories in preparation.

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